



Ebook Directory
the best source of ebook

The book was found

Understanding Alcoholism As A Brain Disease (Rethinking Drinking Book 2)

UNDERSTANDING ALCOHOLISM AS A BRAIN DISEASE



RETHINKING DRINKING VOLUME 2

LINDA BURLISON



Synopsis

Understanding Alcoholism as a Brain Disease includes an in-depth explanation of how alcoholism works inside the brain; the stages of alcoholism identified by scientific researchers; and a list of clues to your genetic vulnerability. Written in plain English from a true medical perspective, even if you aren't a doctor or scientist, you'll find this book easy to read and understand. This is the second volume in the Rethinking Drinking series that emerged out of the authors first book, A Prescription for Alcoholics-Medications for Alcoholism. Alcoholics, care-givers and loved-ones ask, "Why does the alcoholic keep drinking or continue to return to drinking, despite all they continue to lose?" "What is wrong with them?" Alcoholics berate themselves and question why they keep drinking when they see the damage it causes. They ask, "What is wrong with me?" The answers to those agonizing questions are found in this book. You'll learn about alcoholism as a complex brain disease. This book will help you understand the disease in a way that provides a fresh new perspective on this devastating neurological condition.

Book Information

File Size: 972 KB

Print Length: 94 pages

Simultaneous Device Usage: Unlimited

Publisher: Addiction Publishing (June 19, 2016)

Publication Date: June 19, 2016

Sold by: Â Digital Services LLC

Language: English

ASIN: B01HBVU1JA

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #48,571 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #4

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Adult

Children of Alcoholics #14 in Books > Health, Fitness & Dieting > Addiction & Recovery > Adult

Customer Reviews

This book belongs in your bookshelf, if you know someone who is struggling with alcoholism or if you're going through it yourself. Learning about alcoholism from this author's perspective will give you a clear understanding of what alcoholism is and what it isn't. The content includes a rich multitude of research from several different reputable people, articles, and places. I appreciate how the author explains alcohol addiction in a way that everyone can understand because I am certainly not a science person. This book is very enlightening. I highly recommend.

Contains the best description for the laymen of the chemical and genetic underpinnings of alcohol dependence I've ever read, and I've read a lot on the subject. Sloppy editing in parts (e.g. effect instead of affect in many places) is distracting, but I still highly recommend a read, especially for anyone struggling with the idea that alcohol dependence is based somehow in immorality or character defects. It's not. This book explains why.

Good book explaining alcohol & the effects on brain chemistry & physical damage to the brain it's self. Eye opener

I found this book to be very helpful in understanding the science of addiction. It was written so no scientist could easily understand the material

[Download to continue reading...](#)

Understanding Alcoholism as a Brain Disease (Rethinking Drinking Book 2) Happy Brain: 35 Tips to a Happy Brain: How to Boost Your Oxytocin, Dopamine, Endorphins, and Serotonin (Brain Power, Brain Function, Boost Endorphins, Brain Science, Brain Exercise, Train Your Brain) The AA Effect & Why You've Never Heard of the FDA-Approved Drugs that Treat Alcoholism (Rethinking Drinking Book 1) Alcohol Information For Teens: Health Tips About Alcohol And Alcoholism, Including Facts About Underage Drinking, Preventing Teen Alcohol Use, Alcohol's ... On The Brain And The (Teen Health Series) Stop Drinking Now: The Easy Way To Stop Drinking (quit drinking Book 1) Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay) The Gum Disease Cure: How I cured Periodontal Disease in 2 months (Gum Disease Periodontal Disease Periodontitis Receding Gums) Kidney Disease: for beginners -

What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) Why Isn't My Brain Working?: A Revolutionary Understanding of Brain Decline and Effective Strategies to Recover Your Brain's Health Healing the Addicted Brain: The Revolutionary, Science-Based Alcoholism and Addiction Recovery Program What Color Is Your Parachute? Guide to Rethinking Resumes: Write a Winning Resume and Cover Letter and Land Your Dream Interview (What Color Is Your Parachute Guide to Rethinking..) The Drinking Water Book: A Complete Guide to Safe Drinking Water I Need to Stop Drinking!: How to Stop Drinking and Get Your Self-Respect Back 100+ Word Fill In Puzzle Book For Adults: The French Style Brain Teaser Crossword Puzzles With Fill In Words Puzzles for Total Brain Workout! (A Total Brain Workout Series) (Volume 1) Brain Games® #1: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) Brain Games #3: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) Primate Brain Maps: Structure of the Macaque Brain: A Laboratory Guide with Original Brain Sections, Printed Atlas and Electronic Templates for Data and Schematics (including CD-ROM). Blood-Brain Barrier in Drug Discovery: Optimizing Brain Exposure of CNS Drugs and Minimizing Brain Side Effects for Peripheral Drugs Lyme Brain: The Impact of Lyme Disease on Your Brain, and How To Reclaim Your Smarts Essential Kidney Disease Cookbook: 130 Delicious, Kidney-Friendly Meals To Manage Your Kidney Disease (CKD) (The Kidney Diet & Kidney Disease Cookbook Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)